

# sandwiches

## midtown melt - 9.50

cajun seitan, v-cheese, agave, guacamole, mixed greens, chipotle aioli

## un-chicken avocado griller - 9.50

grilled rosemary lemon un-chicken, avocado, v-pesto mayo, romaine lettuce (CN)

## spicy buffalo bun - 9.50

buffalo cauliflower, ranch, lettuce

## sloppy jack - 9.50

bbq jackfruit, lettuce, toasted garlic potato bun

# blossom bowls - 11.75

## choose 4 items (adt'l items - 2.75 each)

marinated kale (GF, SF)    spicy beans & corn (GF, SF)  
mixed greens (GF, SF)    seasoned beans (GF, SF)  
grilled veggies (GF, SF)    tofu scramble (GF)  
sweet potatoes (GF, SF)    lemon un-chicken  
quinoa (GF, SF)    cajun seitan  
savory rice (GF, SF)

## choose a dressing

tahini (GF)    mustard tahini (GF)  
ranch (GF)    chipotle aioli (GF)  
caesar (GF)    herbed mustard (GF, SF)

## blossom bowl extras

avocado (GF, SF) 3.00    beet pattie (GF, SF, CN) 4.95  
guacamole (GF, SF) 3.00    quinoa pattie (GF, SF) 4.95  
tempeh bacon 2.50    bbq jackfruit (GF, SF) 4.50  
v-cheese 2.25    buffalo cauliflower (CN) 4.50

# PREMIUM BOWLS

## burger bowl - 13.00

beet (CN, contains mushrooms) or quinoa burger pattie, rice, mixed greens, grilled veggies, horseradish mayo (GF)

## spicy green bowl - 12.50

marinated kale, turmeric infused rice, spicy black beans & corn, buffalo cauliflower, caesar dressing

## protein bowl - 11.75

lemon un-chicken, marinated kale, quinoa, black beans, guacamole, tahini dressing

## breakfast bowl - 11.75

marinated kale, tofu scramble, tempeh bacon, sweet potato

# SOUP DU JOUR - 5.50

(GF) gluten free | (SF) soy free | (CN) contains nuts

SORRY, NO SUBSTITUTIONS

# burgers

## quinoa burger - 9.50

GLUTEN FREE OPTION + 2.00 housemade quinoa, kale, bean & sweet potato pattie, lettuce caramelized onions, lemon-rosemary sauce

## beet burger - 9.50

GLUTEN FREE OPTION + 2.00 housemade beet pattie, lettuce, tomato, horseradish v-mayo, (CN, contains mushrooms)

# wraps

## smoky avocado - 9.00

avocado, smoked tempeh bacon, tomato, mixed greens, chipotle aioli

## un-chicken griller - 9.00

grilled rosemary lemon un-chicken, v-pesto mayo, romaine lettuce (CN)

## burrito grande - 9.25

GLUTEN FREE OPTION + 1.75 savory rice, spicy black beans & corn, v-cheese, pico, v-sour cream, lettuce

## karmic kale wrap - 9.25

GLUTEN FREE OPTION + 1.75 olive oil, garlic, lemon & sea salt rubbed organic green kale, roasted sweet potatoes, tahini dressing

## breakfast scramble wrap - 9.00

GLUTEN FREE OPTION + 1.75 tofu, peppers, onions, sautéed greens, herbs & spices

# MAC N CHEESE - 6.95

v-bacon bits, breadcrumbs (CN)

# salads & sides

## power up! kale salad - 11.25

olive oil, garlic, lemon & sea salt rubbed organic green kale, organic quinoa, organic black beans, organic corn, red pepper, avocado, mustard-tahini dressing (GF)

## tiny karmic kale salad - 5.95

marinated kale, seeds, cranberries, tahini dressing (GF)

## buffalo cauliflower bites - 5.95

caesar dressing (CN)

please note: although some menu items do not contain gluten, our kitchen prepares products that contain gluten, nuts, seeds, and soy.



FIGHT LIKE A  
REVOLUTIONARY.  
EAT VEGAN.



blossom  
**DU JOUR**  
express  
@ TURNSTYLE

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(where an extended menu is available)

**CHELSEA** 259 W 23rd St (7th & 8th)

**HELL'S KITCHEN** 617 Ninth Ave (43rd & 44th)

**UWS 81ST** 449 Amsterdam Ave (81st & 82nd)

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