

blossom bowls - 11.75

choose 4 items

(adt'l items - 2.75 each)

marinated kale (GF, SF) romaine (GF, SF)
mixed greens (GF, SF) quinoa (GF, SF)
black beans (GF, SF) savory rice (GF, SF)
chickpeas (GF, SF) spicy beans & corn (GF, SF)
sweet potatoes (GF, SF) grilled veggies (GF, SF)
tofu scramble (GF) cajun seitan
lemon un-chicken

choose a dressing

tahini (GF) mustard tahini (GF)
ranch (GF) chipotle aioli (GF)
caesar (GF) herbed mustard (GF, SF)

blossom bowl extras

avocado (GF, SF) 3.00 beet pattie (GF, SF) 4.95
guacamole (GF, SF) 3.00 bean pattie (GF, SF) 4.95
v-cheese (GF, SF) 2.25 quinoa pattie (GF, SF) 4.95
pico de gallo (GF, SF) 0.75 bbq jackfruit (GF, SF) 4.50
tempeh bacon 2.50 buffalo cauliflower (CN) 4.50

premium bowls

breakfast bowl - 11.75

marinated kale, tofu scramble, tempeh bacon, sweet potato

protein bowl - 11.75

marinated kale, quinoa, black beans, lemon un-chicken, guacamole, tahini dressing

spicy green bowl - 12.50

marinated kale, savory rice, spicy black beans & corn, buffalo cauliflower, caesar dressing (CN)

burger bowl - 13.00

choice of beet, bean, or quinoa burger pattie, savory rice, mixed greens, grilled veggies, horseradish mayo (GF)

SORRY, NO SUBSTITUTIONS

smoothies & shakes

blue velvet smoothie - 8.00

acai, blueberries, strawberries, banana, vanilla, soy milk (GF)

green giant smoothie - 8.00

mango, banana, spinach, kale, flax, almond milk (GF, SF, CN)

butterfinger shake - 8.00 (CN)

cookie dough shake - 8.00

EXTRAS

hemp - 1.25 pea protein - 1.95
spirulina - 1.95 flax - 1.25

(GF) gluten free | (SF) soy free | (CN) contains nuts

PLEASE NOTE: although some menu items do not contain gluten, our kitchen prepares products that contain gluten, nuts, and soy. Since daily operations involve shared cooking and preparation areas, we cannot guarantee that any menu item will be completely free of gluten.

we deliver!

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We also deliver through GrubHub, Seamless, DoorDash, and UberEats.

we cater!

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blossomdujour.com/catering

blossom DU JOUR 100% VEGAN FAST FOOD

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chelsea

259 west 23rd street (7th & 8th)
tel: 212-229-2595

hell's kitchen

617 ninth avenue (43rd & 44th)
tel: 646-998-3535

upper west side 81st

449 amsterdam avenue (81st & 82nd)
tel: 212-712-9822

columbus circle

1000s 8th avenue (at turnstyle in the subway station)
tel: 212-765-6500 *express menu available*

urban vegan kitchen

come enjoy the sit down atmosphere of our sister restaurant & lounge located at 41 carmine street. curated drink menu and weekly specials - check out our instagram.
www.urbanvegankitchen.com @urbanvegankitchen



blossomdujour.com @blossomdujour

burgers

the skyscraper - 9.50

housemade bean pattie, mushroom bacon, v-cheese, onion rings, lettuce, tomato, pickles, special sauce

quinoa burger - 9.50

GLUTEN FREE OPTION + 2.00 housemade quinoa, kale, bean & sweet potato pattie, caramelized onions, lettuce, lemon-rosemary sauce

beet burger - 9.50

GLUTEN FREE OPTION + 2.00 housemade beet pattie, lettuce, tomato, horseradish v-mayo (CN, contains mushrooms)

sandwiches

midtown melt - 9.50

cajun seitan, v-cheese, agave, guacamole, mixed greens, chipotle aioli

un-chicken avocado griller - 9.50

grilled rosemary lemon un-chicken, avocado, v-pesto mayo, lettuce (CN)

spicy buffalo bun - 9.50

buffalo cauliflower, ranch, lettuce

seitan Philly cheese steak - 9.50

sautéed seitan, peppers & onions, v-cheese, chipotle aioli

sloppy jack - 9.50

bbq jackfruit, lettuce, toasted garlic potato bun

mac n cheese - 6.95

v-bacon bits, breadcrumbs

wraps

smoky avocado - 9.00

avocado, smoked tempeh bacon, tomato, mixed greens, chipotle aioli

burrito grande - 9.25

GLUTEN FREE OPTION + 1.75 turmeric infused rice, spicy black beans & corn, v-cheese, pico, v-sour cream, lettuce

karmic kale wrap - 9.25

GLUTEN FREE OPTION + 1.75 olive oil, garlic, lemon & sea salt rubbed green kale, roasted sweet potatoes, tahini dressing

un-chicken griller wrap - 9.00

grilled rosemary lemon un-chicken, v-pesto mayo, romaine lettuce (CN)

breakfast all day

egg, cheese & bacon muffin - 6.50

scramble, v-cheddar, mushroom bacon, v-hollandaise, whole wheat muffin

benedict wrap - 7.50

marinated tofu, v-ham, v-hollandaise

breakfast scramble wrap - 9.00

GLUTEN FREE OPTION + 1.75 tofu, peppers, onions, sautéed greens, herbs & spices

put any wrap, sandwich or burger on a gluten free tortilla + 1.75 or on gluten free bread + 2.00 *

* NOTE: substituting a gluten free bread or wrap does not guarantee that the item will be gluten free.

salads

power up! kale salad - 11.25

olive oil, garlic, lemon & sea salt rubbed green kale, quinoa, black beans, corn, red pepper, avocado, mustard tahini dressing (GF)

chickpea quinoa salad - 9.25

field greens, quinoa, chickpeas, parsley, dried cranberries, tahini dressing (GF)

ADD-INS

kale - 2.25 v-sour cream - 1.95

guacamole - 3.00 avocado - 3.00

v-cheese - 2.25 cajun seitan - 3.50

tempeh bacon - 2.50

sides

tiny karmic kale - 5.95

marinated kale, seeds, cranberries, tahini dressing (GF)

buffalo cauliflower bites - 5.95

caesar dressing (CN)

onion rings - 4.25

soup du jour - 5.50

ask about today's options

hell's kitchen chili - 7.00

we make every effort to source organic ingredients!