

## build a bowl - 12.00

### choose 4 items (adt'l items - 3.25 each)

marinated kale (GF, SF)  
mixed greens (GF, SF)  
romaine (GF, SF)  
quinoa (GF, SF)  
savory rice (GF, SF)  
black beans (GF, SF)  
spicy beans & corn (GF, SF)  
sweet potatoes (GF, SF)  
roasted veggies (GF, SF)  
tofu scramble (GF)  
lemon un-chicken  
cajun seitan  
sautéed seitan & peppers \*

### choose a dressing

tahini (GF)  
mustard tahini (GF)  
caesar (GF)  
chipotle aioli (GF)  
lemon rosemary (GF)  
herbed mustard (GF, SF)  
hollandaise (GF) +0.50  
pesto mayo (GF, CN) +0.50

### blossom bowl extras

avocado (GF, SF) - 3.00  
cheese sauce (GF, SF) - 2.25  
pico de gallo (GF, SF) - 0.75  
tempeh bacon - 2.50  
quinoa burger pattie (GF, SF) - 5.00  
bbq jackfruit (GF, SF) - 4.50  
buffalo cauliflower (CN) - 4.50  
mac n cheese - 4.00  
fries - 3.00 \*

### half bowl - 7.00

choose 2 items plus a dressing

\* item not available at our express location

## blossom bowls

### breakfast bowl - 12.00

marinated kale, tofu scramble, tempeh bacon, sweet potato

### protein bowl - 12.25

marinated kale, quinoa, black beans, lemon un-chicken, avocado, tahini dressing

### spicy green bowl - 12.75

marinated kale, savory rice, spicy black beans & corn, buffalo cauliflower, caesar dressing (CN)

### quinoa burger bowl - 13.25

quinoa burger pattie, savory rice, mixed greens, roasted veggies, lemon rosemary dressing (GF)

### southern bowl - 13.25

marinated kale, mac & cheese, bbq jackfruit, roasted veggies (SF)

### garden bowl - 12.25

marinated kale, mixed greens, roasted veggies, sweet potatoes, avocado, herbed mustard dressing (GF, SF)

sorry, no substitutions

## we deliver!

Order for delivery or pick-up through our website [blossomdujour.com](http://blossomdujour.com) to receive 20% off your first order! We also deliver through GrubHub, Seamless, and UberEats.

# blossom DU JOUR 100% VEGAN FAST FOOD

EAT IN. DELIVER. CATER.

### chelsea

259 west 23rd street (7th & 8th)  
tel: 212-229-2595

### hell's kitchen

617 ninth avenue (43rd & 44th)  
tel: 646-998-3535

### upper west side 81st

449 amsterdam avenue (81st & 82nd)  
tel: 212-712-9822

### express - columbus circle

1000s 8th avenue (at turnstyle in the subway station)  
tel: 212-765-6500 *express menu available*

### urban vegan kitchen

come enjoy the sit down atmosphere of our sister cafe located at 41 carmine street. curated drink menu and weekly specials - check out our instagram.

[www.urbanvegankitchen.com](http://www.urbanvegankitchen.com) @urbanvegankitchen



[blossomdujour.com](http://blossomdujour.com) @blossomdujour

# sandwiches & wraps

**9.75 each** add small fries 3.50

## skyscraper burger \*

housemade burger pattie, mushroom bacon bits, cheese sauce, onion rings, lettuce, tomato, pickles, special sauce, potato bun

## quinoa burger

**gluten free option +2.00**

housemade quinoa pattie, caramelized onions, lettuce, lemon-rosemary sauce, potato bun

## midtown melt

cajun seitan, cheese sauce, smashed avocado, mixed greens, chipotle aioli, rosemary focaccia bread

## un-chicken avocado griller

grilled rosemary lemon un-chicken, avocado, pesto mayo, lettuce, rosemary focaccia bread (CN)

## seitan Philly cheese steak \*

sautéed seitan, peppers & onions, cheese sauce, chipotle aioli, ciabatta bread

## sloppy jack

**gluten free option +2.00**

bbq jackfruit, lettuce, potato bun

## egg, cheese & bacon

**english muffin sandwich 6.75**

**on a spinach wrap 9.75**

**gluten free option +2.00**

tofu scramble, peppers, onions, sautéed greens, herbs & spices, cheese sauce, hollandaise, mushroom bacon bits, english muffin or spinach wrap

## burrito grande wrap

**add un-chicken or cajun seitan +3.25**

**add avocado +3.00**

**gluten free option +2.00**

savory rice, spicy black beans & corn, cheese sauce, pico, sour cream, lettuce, spinach wrap

## karmic kale wrap

**gluten free option +2.00**

olive oil, garlic, lemon & sea salt rubbed green kale, roasted sweet potatoes, tahini dressing, spinach wrap

**sandwiches also available on a spinach wrap**

# grab n' go

## smoky avocado wrap - 9.25

avocado, tempeh bacon, tomato, mixed greens, chipotle aioli, spinach wrap

## un-chicken griller wrap - 9.25

grilled rosemary lemon un-chicken, pesto mayo, romaine lettuce, spinach wrap (CN)

## power up! kale salad - 11.50

olive oil, garlic, lemon & sea salt rubbed green kale, quinoa, black beans, corn, red pepper, avocado, mustard tahini dressing (GF)

## tex-mex salad - 9.75

romaine, spicy beans & corn, lemon un-chicken, pico de gallo, sour cream

## tiny karmic kale - 6.25

marinated kale, seeds, cranberries, tahini dressing (GF)

**\* item not available at our express location**

(GF) gluten free | (SF) soy free | (CN) contains nuts

PLEASE NOTE: although some menu items do not contain gluten, our kitchen prepares products that contain gluten, nuts, and soy. Since daily operations involve shared cooking and preparation areas, we cannot guarantee that any menu item will be completely free of any of these items. If you have any food allergies please inform your server.



**we make every effort to source organic ingredients!**

# sides

## fries sm 4.50 / lg 6.50 \*

add chipotle aioli or caesar +0.50  
shoestring idaho potatoes served with ketchup

## cheese fries - 8.00 \*

fries, cheese sauce

## nacho fries - 9.75 \*

fries, spicy black beans & corn, pico de gallo, cheese sauce

## philly fries - 9.75 \*

fries, sautéed seitan, peppers & onions, cheese sauce

## onion rings - 4.75 \*

spanish onions, breading, chipotle aioli

## buffalo cauliflower bites - 6.25

cauliflower florets, buffalo breading, caesar dressing (CN)

## mac n cheese - 7.25

mushroom bacon bits, breadcrumbs

## mac n jack - 9.50

mac n cheese, bbq jackfruit, caramelized onions (SF)

## soup du jour - 6.00

ask about today's option

# we cater!

Let us cater your next event, party, gathering, or business meeting. Only 24 hours notice needed! Check out our website for pricing or to place an order: [blossomdujour.com/catering](http://blossomdujour.com/catering)